Nowadays, appearance is very important part of people's abilities. Therefore, many people want to have attractive appearance because they who is attractive people are easy to adjust in society. In addition, when people want to get a job, they try to develop their appearance first for interview because if company hold a job interview to hire employees, interviewers evaluate applicants not only their abilities but also their appearance. For that reason, they focus on the developing their appearance more than their abilities. According to expert who is CHA team member David Sarwer. PhD, people spend a lot of money to improve appearance from cosmetics, fashion, and gym memberships. In addition, the societal and cultural pressures to be young looking, thin and beautiful have contributed to the current popularity of cosmetic surgery (David Sarwer). That means getting plastic surgery has been popularized these days to be more attractive person. Thus, many people especially women have gotten plastic surgery to get beautiful face and body although they already know that plastic surgery is very dangerous in human's body. However, they do not care about risk of surgery because they consider about only their beauty. Plastic surgery might have some advantages, but it has a lot of severe disadvantages to people. Unfortunately, Society makes people get a cosmetic surgery although plastic surgery has many negative effects, and people cannot change prejudices of society and just adjust in this society. Society always prefers attractive people than unattractive people so many people have gotten plastic surgery to adjust in society. However, it can make some negative effects that are plastic surgery side effect and addiction of plastic surgery.

First of all, Plastic surgery can help to get a job and adjust in society easily. getting a job is one of the biggest reasons for cosmetic surgery because first impression is very important. In general, people can be judged by only first impression in first meeting. Therefore, interviewer can expect people's personality from only appearance before conversation. However, if people have unattractive appearance, they will be neglected and do not have any opportunity to promote themselves in interview because interviewer will ask to only attractive people and have a bias to unattractive people. For that reason, it makes people who have unattractive appearance decide to get plastic surgery due to people thought that if they get plastic surgery, they can get also a lot of opportunities in society. However, people cannot control their mind that they always judge other people by only appearance. According to expert who is the Good Morning America career contributor Tory Johnson, "Unfortunately, we have a part of us that does judge other people for purely irrational reasons. It's part of our genetic makeup. We can legislate overt prejudices, but we can't make a law to govern what goes on in someone's mind (Tory Johnson)". Tory Johnson mention that people cannot manage their mind that they have a prejudices, and people who have experienced discrimination can be frustrated, but they can change by themselves. Accordingly, people get a cosmetic surgery to overcome their weakness and bias of society. Moreover, Cosmetic surgery can help people adjust in society easily. Many people have experienced discrimination of appearance from friends or adults when they were children. Thus, they can learn and know about what is the standard of beauty, and why appearance is important from surrounding environment. For example, In Korea, parents allow and encourage to their son and daughter getting plastic surgery before graduating high school. parents are worry about that their son and daughter will be discriminated in society. Therefore, getting plastic surgery is solution to overcome bias in Korea. It becomes a common culture in Korean society. However, it has high benefit but also high risk. Many people who have taken plastic surgery suffer in plastic surgery side effect and addiction of plastic surgery.

Most of people who have gotten plastic surgery suffer from plastic surgery side effect. Even now, a lot of people who want to be attractive are getting cosmetic surgery whereas another many people who already have taken surgery are suffering cosmetic surgery side effect. This is an ironic problem in the society. Although all people already know about dangerous of plastic surgery, plastic surgery hospital is always busy because of people who want to change their face and body. However, only a small number of people satisfy the their result of surgery. Almost people have regretted about their appearance after cosmetic surgery because each people have different appearance and state of health before getting surgery, but they all want to be similar face and body by plastic surgery. It is impossible. Moreover, if their plastic surgery is successful, they cannot avoid plastic surgery side effects. Anyone does not know that what they will suffer side effect after surgery. There are a lot of side effects. According to the research, the main side effects of aesthetic plastic surgery are rejection of implants, sensory change in or around the operation area, tissue necrosis, allergic reactions, and so on (General risks and side-effects of cosmetic surgery). these are very serious problems and a kind of diseases. However, many people do not know about these problems before taking cosmetic surgery. Although they have to research and study about surgery, they do not do that. After getting plastic surgery side effects, they might realize to their mistake and regret to their decision, but that is too late. They cannot turn back the time. Thus, many experts said that people should know about side effects, and surgeons have to give information to people who do not know about side effects.

Most of people who have gotten plastic surgery suffer from addiction of plastic surgery. Addiction of plastic surgery is also serious problem in the society. Addiction of plastic surgery means people cannot satisfy their face and body so they continue to get cosmetic surgery although they do not need to take surgery and already have good appearance. Moreover, they have illusions about getting plastic surgery makes them more and more attractive. This is a kind of mental diseases. Most people thought drugs and alcohol are most common addiction, but one of the most serious and common addiction is plastic surgery addiction. According to expert who is Howard C. Samuels in Founder of the Hills Treatment Center, "Plastic surgery addiction belongs to behavioral or process addictions. In a behavioral addiction, an individual is addicted to a specific behavior despite apparent negative consequences. Plastic surgery addicts experience mental obsession to alter their bodies and faces" (Howard C. Samuels). that presents that people who suffer addiction of plastic surgery get surgery continually until feeling satisfaction, but they cannot satisfy. These days, the standard of beauty is skewed in society. Therefore, people try to closely resemble attractive people such as their favorite actor, and they do not try to develop their own personality and appearance. Society and people made these phenomenon by themselves. That means they already know that how people can change and treat these problems. If society cannot be changed, people who suffer addiction of plastic surgery continue to take surgery again, and they cannot recover in their disease.

In conclusion, Nowadays, Many people tend to think to distort the standard of beauty. Therefore, people get plastic surgery because of various reasons. All people want to get a job and adjust easily in society, but that is not easy. Society always prefer attractive people than unattractive people. It makes people who is unattractive people decide to get plastic surgery because they cannot change bias of society. As a result, it is caused plastic surgery side effect and addiction of plastic surgery. Thus, many people suffer side effects and addiction of plastic surgery. In addition, people are trying to make the face and body of society preferences rather than develop a their own individuality and strength. It is very severe problem in society and people have to overcome this phenomenon.

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